

**Report to** Marlborough Area Board  
**Date of meeting** 4<sup>th</sup> September 2018  
**Title of report** Health and Wellbeing funding

**Purpose of the Report:**

To consider the applications for funding listed below.

Applicant	Project title	Amount requested
Marlborough Tennis Club	"Walking" Tennis for Seniors	£2,915.00
Arts Together	Support Group, Marlborough	£3,000.00
Total grant amount requested at this meeting	<b>£5,915.00</b>	
Total Health & Wellbeing funding allocated to Marlborough Area Board 2018/19	<b>£6,700.00</b>	
Total amount awarded so far, 2018/19	<b>£3,350.00</b>	
Amount remaining if all grants are awarded as per report	<b>-£2,565.00</b>	

**1. Background**

Area Boards have a delegated revenue budget for 2018/19 of £6,700 to support projects to improve health and wellbeing in the community area. This funding is focussed at, but not limited to, supporting the health and wellbeing of older people and vulnerable people within our community.

**2. Main Considerations**

- 2.1. Councillors will need to be satisfied that funding awarded in the 2017/2018 year is made to projects that can realistically proceed within a year of it being awarded.
- 2.2. Councillors must ensure that the distribution of funding is in accordance with the Scheme of Delegation to Area Boards.
- 2.3. Councillors will need to be satisfied that the applications will improve health and wellbeing in the area and should consider the views of their local Health and Wellbeing Group.

**3. Environmental & Community Implications**

Grant Funding will contribute to the continuance and/or improvement of wellbeing in the community area, the extent of which will be dependent upon the individual project.

**4. Financial Implications**

Financial provision had been made to cover this expenditure.

Councillors must note that if the two applications being considered here are both granted in full, then the Health & Wellbeing budget will be overspent.

**5. Legal Implications**

There are no specific legal implications related to this report.

**6. Human Resources Implications**

There are no specific human resources implications related to this report.

**7. Equality and Inclusion Implications**

Community Area Boards must fully consider the equality impacts of their decisions in order to meet the Council’s Public Sector Equality Duty.

Applicants have equal opportunity to receive funding towards community based projects and schemes, where they meet the funding criteria.

**8. Safeguarding Implications**

The Area Board has ensured that the necessary policies and procedures are in place to safeguard children, young people and vulnerable adults.

**9. Applications for consideration**

Applicant	Project Proposal	Requested
Marlborough Tennis Club	“Walking” Tennis for Seniors	£2,915.00
<p><b>Project description</b>  Marlborough Tennis’s project offers a healthy and social environment for the over 60s to stay fit and active longer. It aims to provide the tennis equivalent of walking football, using the new courts recently completed on the outskirts of Marlborough. A social element will be included using the facilities at the Marlborough Golf Club where people can relax and chat about their tennis session with one of our coaches, all within a comfortable and safe setting. It will provide a positive activity for older people encouraging physical fitness, a healthy lifestyle and mental well-being.</p> <p>Tennis is a sport that can be played by all ages, improving cardio vascular fitness and can be a great body workout. It is good for heart health, can help to keep body fat down and strengthen bones. Unlike other sports, tennis requires use of a number of different muscle groups at the same time, improving muscle strength and also coordination, balance and flexibility. Participating in tennis is a great way to meet people and feel socially connected. It is also a mental sport that requires a level of focus, helping to train the mind. It improves Mental Wellbeing, a great way to meet people and feel socially connected.</p> <p>The project will help combat social isolation and loneliness by getting people together in an activity followed by a social hour. Through the active benefits of play it will help strengthen muscles and coordination/balance. This will help toward independent living and provide a positive activity for older people. The knock-on benefits for health and wellbeing are both mental and physical, promoting a healthy lifestyle.</p>		
<p><b>Recommendation:</b></p> <p>That the application meets the grant criteria and is approved for the amount of £2,915.00</p>		

Applicant	Project Proposal	Requested
Arts Together	Support Group, Marlborough	£3,000.00

**Project description**

Arts Together provides practical and emotional support through their Wellbeing Service to enable frail, isolated older people living independently in Marlborough to attend their Arts Together group located at Lawrence Acre and benefit from stimulating and sometimes challenging professional arts projects designed to provide the social contact, interest, new skills, stimulation and fun which are missing from their lives. New members are generally withdrawn and fearful after long periods of loneliness, but their confidence, resilience and zest for life return as they engage with activities and make new friends.

Group membership in Marlborough is limited to 12 to ensure that everyone gets the individual support they need. However, due to age and frailty there is a natural turnover of membership as members die or move into care, so around 14 members a year benefit as well as their relatives and carers.

In Marlborough, our community partners are Aster Housing, who provide the venue free of charge and Mears who provide carers free of charge. We work with Adult Care, Mental Health teams, Age UK, Parkinson's UK, Alzheimer's Support and Care Coordinators who make referrals and offer advice and training on specific conditions. Transport is provided by the PHAB bus, based in Devizes, and our artists source many of their materials from the Scapstore in Lacock at very low cost.

Arts Together has found itself in a difficult funding situation. Costs have risen and securing funding has become harder. This means there is an £18,000 shortfall for the rest of the financial year across the six groups in the county. Other area boards have been approached for what might be termed emergency funding to allow the groups to continue until March and the new financial year, when further funding will become available. The funding from Marlborough Area Board will only be for the Marlborough-based group to support Marlborough area residents.

**Recommendation:**

That the application meets the grant criteria and is approved for the amount of £3,000.00

No unpublished documents have been relied upon in the preparation of this report

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